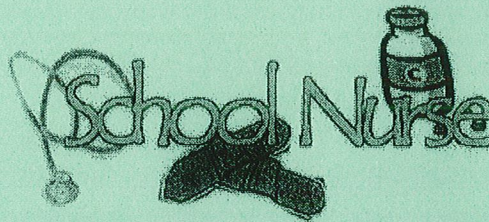


Reminders from the Health Office



Emergency Numbers: Please inform us of any changes in home, work cell or pager numbers. We need current information in order to contact you in emergencies.

Medications: District policy does not allow children to carry any medication to school unless a special self-carry form has been completed and signed by parents, student and primary care provider. Only medications with written health care provider orders and parent permission may be administered at school. **This includes, but not limited to:** *Cough Drops, Lozenges, Tylenol and other Over-the-Counter remedies.*

Pierced Earrings: Students are NOT allowed to wear jewelry during PE class-including pierced earrings. This is a District Policy. Please assist your child with learning how to remove and insert his/her own earrings, or leave them home on PE days.

Communicable Illnesses: If your child is diagnosed with a contagious illness like Chickenpox, Strep, Pink Eye, Impetigo, Lice, Scabies, Pinworm, Fifth's Disease, Pneumonia, etc., please notify the health office.

Health Concerns/Special Needs: Please let the school nurse ASAP if your child has a special health need or concern so we can make a plan for your child's need to be safely met while at school. This includes medical diagnoses, medications your child takes at home and ALL allergies to foods, medications, and environmental allergens. Please understand this information is confidential. It is shared only with staff members who need to know in order to keep your child healthy and safe at school.

Immunizations/Physical Exam Requirements for Kindergarten: Students need a current record of immunizations in order to attend school. A physical exam signed by your child's health care provider is also required. The physical exam needs to be dated no longer than one year prior to the start date of school. Immunization records and physical exams can be submitted to the school nurse any time prior to the first day of school.

Return to School After Illness: Spencerport School District nurses advise parents that children may return to school after 24 hours on an antibiotic, and after 24 hours without a fever, vomiting or diarrhea. This "24 hour rule" is supported by our district school doctor. Thank you for your cooperation.

If you have any questions, please contact your school nurse.